

RAID INTERNACIONAL BARROCA D'ALVA

CEI3* 160 / 160 Km. 30/06/2024

Fares Ahmad Saeed Daafoos Amer Al Mansoori

Cp Giralda

Lic: 10169967 / Ldn: 106XJ18

Nº participantes: 11 Clasificados: 7 (63%) No clasificados: 4 (36%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	**05:30:00**	**08:23:21**	**10:46:30**	**13:11:50**	**15:16:06**	
Arrival Time	**07:41:33**	**10:04:40**	**12:29:22**	**14:23:36**	**16:16:51**	
Time	02:11:33	01:41:19	01:42:52	01:11:46	01:00:45	
Speed in Arri.	18,244	17,766	17,498	16,72	19,753	
Accumu. Time	02:11:33	03:52:52	05:35:44	06:47:30	07:48:15	
Accumu. Speed	18,244	18,036	17,871	17,668	17,939	
Arrival Vet-in.	**07:43:21**	**10:06:30**	**12:31:50**	**14:26:06**	**16:22:01**	
Vet-in Time	02:13:21	01:43:09	01:45:20	01:14:16	01:05:55	
Vet-in Speed	17,997	17,45	17,088	16,157	18,204	
Accumu. Time Vet	02:13:21	03:56:30	05:41:50	06:56:06		
Accumu Speed	17,997	17,758	17,552	17,303		
Recovery	00:01:48	00:01:50	00:02:28	00:02:30	00:05:10	
Accu. Recovery	00:01:48	00:03:38	00:06:06	00:08:36	00:13:46	
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00	00:50:00	
Color:	Yellow	Red	Blue	Pink	Green	Pink
Close:						20:35:43
Rank:	4	4	4	4		

Eliminated: | FTQ | GA

JAQUIMA