

RAID INTERNACIONAL BARROCA D'ALVA

CEIO3* 160 / 160 Km.

29/06/2024

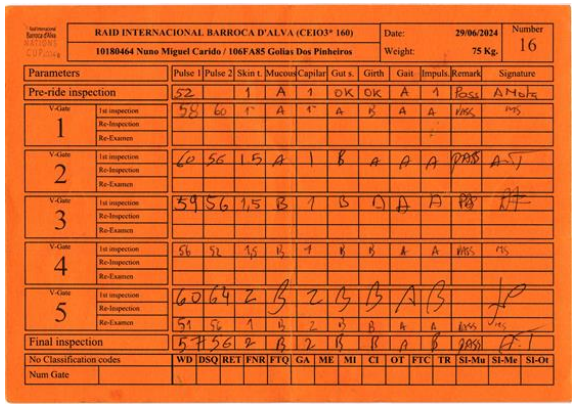
Nuno Miguel Carido

Golias Dos Pinheiros

Lic: 10180464 / Ldn: 106FA85

Nº participantes: 26 **Clasificados: 19 (73%)** **No clasificados: 7 (26%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	**05:30:00**	**08:43:27**	**11:26:56**	**14:07:52**	**16:19:16**	**18:32:51**
Arrival Time	**07:57:50**	**10:43:00**	**13:21:46**	**15:24:15**	**17:36:17**	**20:16:45**
Time	02:27:50	01:59:33	01:54:50	01:16:23	01:17:01	01:43:54
Speed in Arri.	16,234	15,056	15,674	15,71	15,581	11,549
Accumu. Time	02:27:50	04:27:23	06:22:13	07:38:36	08:55:37	10:39:31
Accumu. Speed	16,234	15,707	15,697	15,699	15,682	15,011
Arrival Vet-in.	**08:03:27**	**10:46:56**	**13:27:52**	**15:29:16**	**17:42:51**	**20:24:41**
Vet-in Time	02:33:27	02:03:29	02:00:56	01:21:24	01:23:35	01:43:54
Vet-in Speed	15,64	14,576	14,884	14,742	14,356	11,549
Accumu. Time Vet	02:33:27	04:36:56	06:37:52	07:59:16	09:22:51	**11:06:45**
Accumu Speed	15,64	15,166	15,08	15,022	14,924	**14,398**
Recovery	00:05:37	00:03:56	00:06:06	00:05:01	00:06:34	~~00:07:56~~
Accu. Recovery	00:05:37	00:09:33	00:15:39	00:20:40	00:27:14	
Heart Rate	**58**	**60**	**59**	**56**	**60**	**57**
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00	00:50:00	
Color:	Yellow	Red	Blue	Pink	Green	Pink
Close:						20:35:43
Rank:	25	25	23	22	19	19


RAID INTERNACIONAL BARROCA D'ALVA (CEIO3* 160)
10180464 Nuno Miguel Carido / 106FA85 Golias Dos Pinheiros
Date: 29/06/2024
Weight: 75 Kg.
Number 16
Parameters | Pulse 1 | Pulse 2 | Skin t. | Mucous | Capilar | Gut s. | Girth | Gait | Impuls. | Remark | Signature
Pre-ride inspection
1 — 1st inspection / Re-Inspection / Re-Examen
2 — 1st inspection / Re-Inspection / Re-Examen
3 — 1st inspection / Re-Inspection / Re-Examen
4 — 1st inspection / Re-Inspection / Re-Examen
5 — 1st inspection / Re-Inspection / Re-Examen
Final inspection
No Classification codes: WD | DSQ | RET | FNR | FTQ | GA | ME | MI | CI | OT | FTC | TR | SI-Mu | SI-Me | SI-Ot
Num Gate

JAQUIMA