

LIV Raid Ciudad De Badajoz (S.H.L.)

CEI** / 122 Km.

05/03/2022

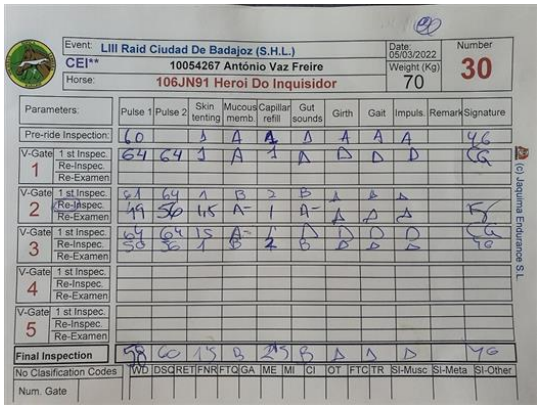
Antonio Vaz Freire

Heroi Do Inquisidor

Lic: 10054267 / Ldn: 106JN91

Nº participantes: 8 Clasificados: 7 (87%) No clasificados: 1 (12%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	37,000	37,000	26,500	21,500		
Departure	**08:00:00**	**10:57:54**	**13:54:14**	**16:11:26**		
Arrival Time	**10:13:45**	**13:10:11**	**15:27:23**	**17:23:59**		
Time	02:13:45	02:12:17	01:33:09	01:12:33		
Speed in Arri.	16,598	16,782	17,069	17,78		
Accumu. Time	02:13:45	04:26:02	05:59:11	07:11:44		
Accumu. Speed	16,598	16,689	16,788	16,954		
Arrival Vet-in.	**10:17:54**	**13:14:14**	**15:31:26**	**17:32:30**		
Vet-in Time	02:17:54	02:16:20	01:37:12	01:12:33		
Vet-in Speed	16,098	16,283	16,358	17,78		
Accumu. Time Vet	02:17:54	04:34:14	06:11:26	**07:23:59**		
Accumu Speed	16,098	16,19	16,234	**16,487**		
Recovery	00:04:09	00:04:03	00:04:03	~~00:08:31~~		
Accu. Recovery	00:04:09	00:08:12	00:12:15			
Heart Rate	**64**	**61**	**64**	**58**		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Yellow	Green	Blue		
Close:				18:42:51		
Rank:	8	7	6	7		



JAQUIMA