

Raide Internacional Estremoz

CEI**70X70 / 140 Km.

Leo Steinbruch

Raid Endurance

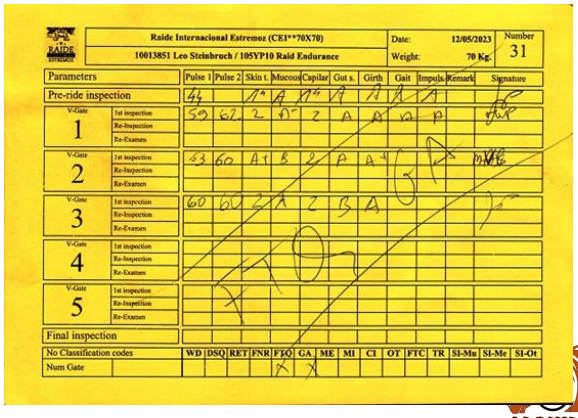
Lic: 10013851 / Ldn: 105YP10

12/05/2023

Nº participantes: 12 **Clasificados: 6 (50%)** **No clasificados: 6 (50%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	20,000	20,000	30,000	20,000	20,000
Departure	**09:30:00**	**12:02:09**	**14:00:31**			
Arrival Time	**11:10:23**	**13:14:52**	**15:27:56**			
Time	01:40:23	01:12:43	01:27:25			
Speed in Arri.	17,931	16,502	13,727			
Accumu. Time	01:40:23	02:53:06	04:20:31			
Accumu. Speed	17,931	17,331	16,121			
Arrival Vet-in.	**11:22:09**	**13:20:31**	**15:33:52**			
Vet-in Time	01:52:09	01:18:22	01:33:21			
Vet-in Speed	16,049	15,312	12,854			
Accumu. Time Vet	01:52:09	03:10:31				
Accumu Speed	16,049	15,746				
Recovery	00:11:46	00:05:39	00:05:56			
Accu. Recovery	00:11:46	00:17:25	00:23:21			
Heart Rate	**59**	**63**	**60**			
Into a hold	00:40:00	00:40:00	00:40:00	00:40:00	00:40:00	
Color:	Blue	Red	Red	Blue	Red	Red
Close:			16:40:00			15:20:00
Rank:	3	2				

Eliminated: FTQ GA



JAQUIMA