

Raide Hipico D. João De Saldanha 04/03/2023

CEI* / 100 Km.

Rui Lanternas

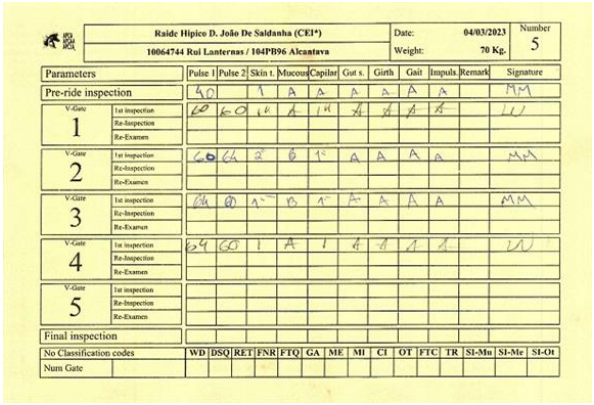
Alcantava

Lic: 10064744 / Ldn: 104PB96

APCA
APCAA
APCLA

Nº participantes: 7 Clasificados: 7 (100%) No clasificados: 0 (0%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000	20,000		
Departure	**08:15:00**	**10:25:00**	**12:37:33**	**14:16:07**		
Arrival Time	**09:43:44**	**11:56:47**	**13:35:27**	**15:03:06**		
Time	01:28:44	01:31:47	00:57:54	00:46:59		
Speed in Arri.	20,285	19,611	20,725	25,54		
Accumu. Time	01:28:44	03:00:31	03:58:25	04:45:24		
Accumu. Speed	20,285	19,942	20,132	21,023		
Arrival Vet-in.	**09:45:00**	**11:57:33**	**13:36:07**	**15:11:47**		
Vet-in Time	01:30:00	01:32:33	00:58:34	00:46:59		
Vet-in Speed	20	19,448	20,489	25,54		
Accumu. Time Vet	01:30:00	03:02:33	04:01:07	**04:48:06**		
Accumu Speed	20	19,72	19,907	**20,826**		
Recovery	00:01:16	00:00:46	00:00:40	~~00:08:41~~		
Accu. Recovery	00:01:16	00:02:02	00:02:42			
Heart Rate	**60**	**60**	**64**	**64**		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Red	Red	Blue	Blue		
Close:				17:23:34		
Rank:	1	1	2	2		



JAQUIMA