

Raide Hipico D. João De Saldanha 04/03/2023

CEI* / 100 Km.

Rui Pereira

Al Ral

Lic: 10014675 / Ldn: 106MQ71

Nº participantes: 7 Clasificados: 7 (100%) No clasificados: 0 (0%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000	20,000		
Departure	**08:15:00**	**10:26:25**	**12:40:15**	**14:18:19**		
Arrival Time	**09:43:39**	**11:56:58**	**13:35:22**	**15:03:05**		
Time	01:28:39	01:30:33	00:55:07	00:44:46		
Speed in Arri.	20,304	19,878	21,771	26,805		
Accumu. Time	01:28:39	02:59:12	03:54:19	04:39:05		
Accumu. Speed	20,304	20,089	20,485	21,498		
Arrival Vet-in.	**09:46:25**	**12:00:15**	**13:38:19**	**15:22:00**		
Vet-in Time	01:31:25	01:33:50	00:58:04	00:44:46		
Vet-in Speed	19,69	19,182	20,665	26,805		
Accumu. Time Vet	01:31:25	03:05:15	04:03:19	**04:48:05**		
Accumu Speed	19,69	19,433	19,727	**20,827**		
Recovery	00:02:46	00:03:17	00:02:57	~~00:18:55~~		
Accu. Recovery	00:02:46	00:06:03	00:09:00			
Heart Rate	**64**	**64**	**64**	**64**		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Red	Red	Blue	Blue		
Close:				17:23:34		
Rank:	3	3	3	1		

