

RAID DA HERDADE DO ALTO DO PINA

23/08/2026

CEP 80 / 80 Km.

Jinchen Lang

Sakson

Lic: 52816 / Ldn: 17859

Nº participantes: 3 **Clasificados: 3 (100%)** **No clasificados: 0 (0%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000			
Departure	**08:00:00**	**10:44:59**	**13:23:06**			
Arrival Time	**10:02:19**	**12:40:30**	**14:40:58**			
Time	02:02:19	01:55:31	01:17:52			
Speed in Arri.	14,715	15,582	15,41			
Accumu. Time	02:02:19	03:57:50	05:15:42			
Accumu. Speed	14,715	15,136	15,204			
Arrival Vet-in.	**10:04:59**	**12:43:06**	**14:45:38**			
Vet-in Time	02:04:59	01:58:07	01:17:52			
Vet-in Speed	14,401	15,239	15,41			
Accumu. Time Vet	02:04:59	04:03:06	**05:20:58**			
Accumu Speed	14,401	14,808	**14,954**			
Recovery	00:02:40	00:02:36	~~00:04:40~~			
Accu. Recovery	00:02:40	00:05:16				
Heart Rate						
Into a hold	00:40:00	00:40:00				
Color:	Yellow	Yellow	Orange			
Close:			17:50:00			
Rank:	3	2	2			