



1º CONCURSO NACIONAL DE ENDURANCE ANGOLA

CEP 40 / 40 Km.

24/05/2025

Jelson Kangombe

Caixa Forte

Lic: 9867 / Ldn: 87

Nº participantes: 33 Clasificados: 31 (93%) No clasificados: 2 (6%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	20,000	20,000				
Departure	09:10:00	12:27:05				
Arrival Time	11:42:00	14:08:50				
Time	02:32:00	01:41:45				
Speed in Arri.	7,894	11,793				
Accumu. Time	02:32:00	04:13:45				
Accumu. Speed	7,894	9,458				
Arrival Vet-in.	11:47:05	14:25:14				
Vet-in Time	02:37:05	01:41:45				
Vet-in Speed	7,639	11,793				
Accumu. Time Vet	02:37:05	04:18:50				
Accumu Speed	7,639	9,272				
Recovery	00:05:05	00:16:24				
Accu. Recovery	00:05:05					
Heart Rate						
Into a hold	01:00:00					
Color:	Red	Red				
Close:		16:40:00				
Rank:	3	9				