



Raid Internacional Barroca D'Alva

CEI*** / 160 Km.

Laurenço Aragão

Figo

Lic: 10093539 / Ldn: 105WF94

17/10/2020



Nº participantes: 20 Clasificados: 6 (30%) No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	06:30:00	09:11:44	11:51:33	13:49:28		
Arrival Time	08:23:11	11:07:47	13:04:57	15:32:10		
Time	01:53:11	01:56:03	01:13:24	01:42:42		
Speed in Arri.	21,204	18,095	20,435	20,447		
Accumu. Time	01:53:11	03:49:14	05:02:38	06:45:20		
Accumu. Speed	21,204	19,63	19,825	19,983		
Arrival Vet-in.	08:31:44	11:11:33	13:09:28	15:37:32		
Vet-in Time	02:01:44	01:59:49	01:17:55	01:48:04		
Vet-in Speed	19,715	17,526	19,251	19,432		
Accumu. Time Vet	02:01:44	04:01:33	05:19:28			
Accumu Speed	19,715	18,629	18,781			
Recovery	00:08:33	00:03:46	00:04:31	00:05:22		
Accu. Recovery	00:08:33	00:12:19	00:16:50	00:22:12		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	11	10	9			

Eliminated: FTQ ME