



# Raid Internacional Barroca D'Alva

17/10/2020

CEI\*\*\* / 160 Km.

Ana Barbas

Gitana Vb

Lic: 10013970 / Ldn: 105IX70



Nº participantes: 20    Clasificados: 6 (30%)    No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	<b>06:30:00</b>	<b>09:22:15</b>	<b>11:57:34</b>	<b>14:05:10</b>	<b>17:04:33</b>	
Arrival Time	<b>08:40:30</b>	<b>11:15:27</b>	<b>13:21:13</b>	<b>16:10:58</b>	<b>18:32:58</b>	
Time	02:10:30	01:53:12	01:23:39	02:05:48	01:28:25	
Speed in Arri.	18,39	18,551	17,931	16,693	16,965	
Accumu. Time	02:10:30	04:03:42	05:27:21	07:33:09	09:01:34	
Accumu. Speed	18,39	18,465	18,329	17,874	17,726	
Arrival Vet-in.	<b>08:42:15</b>	<b>11:17:34</b>	<b>13:25:10</b>	<b>16:14:33</b>	<b>18:39:40</b>	
Vet-in Time	02:12:15	01:55:19	01:27:36	02:09:23	01:28:25	
Vet-in Speed	18,147	18,21	17,123	16,23	16,965	
Accumu. Time Vet	02:12:15	04:07:34	05:35:10	07:44:33	<b>09:12:58</b>	
Accumu Speed	18,147	18,176	17,901	17,436	<b>17,36</b>	
Recovery	00:01:45	00:02:07	00:03:57	00:03:35	<b>00:06:42</b>	
Accu. Recovery	00:01:45	00:03:52	00:07:49	00:11:24		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	14	12	11	7	5	