



# VI SINES ENDURANCE CUP

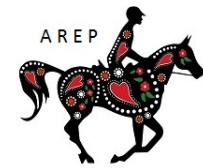
CEI3\* 160 / 160 Km.

Miguel Brasão

Ebene De Cruz

Lic: 10147614 / Ldn: 107QD06

21/12/2025



Nº participantes: 14    Clasificados: 9 (64%)    No clasificados: 5 (35%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	40,000	30,000	30,000	20,000	
Departure	<b>05:30:00</b>	<b>08:45:18</b>	<b>11:51:14</b>	<b>14:23:10</b>	<b>17:07:27</b>	
Arrival Time	<b>07:48:05</b>	<b>10:55:46</b>	<b>13:38:15</b>	<b>16:12:33</b>	<b>18:14:38</b>	
Time	02:18:05	02:10:28	01:47:01	01:49:23	01:07:11	
Speed in Arri.	17,38	18,395	16,819	16,455	17,861	
Accumu. Time	02:18:05	04:28:33	06:15:34	08:04:57	09:12:08	
Accumu. Speed	17,38	17,873	17,573	17,321	17,387	
Arrival Vet-in.	<b>07:55:18</b>	<b>11:01:14</b>	<b>13:43:10</b>	<b>16:17:27</b>	<b>18:29:33</b>	
Vet-in Time	02:25:18	02:15:56	01:51:56	01:54:17	01:07:11	
Vet-in Speed	16,517	17,655	16,081	15,75	17,861	
Accumu. Time Vet	02:25:18	04:41:14	06:33:10	08:27:27	<b>09:34:38</b>	
Accumu Speed	16,517	17,067	16,786	16,553	<b>16,706</b>	
Recovery	00:07:13	00:05:28	00:04:55	00:04:54	00:14:55	
Accu. Recovery	00:07:13	00:12:41	00:17:36	00:22:30		
Heart Rate	<b>59</b>	<b>59</b>	<b>63</b>	<b>64</b>	<b>63</b>	
Into a hold	00:50:00	00:50:00	00:40:00	00:50:00		
Color:	Yellow	Yellow	Green	Green	Orange	
Close:					20:05:43	
Rank:	11	10	8	6	5	