



Raid Internacional Barroca D'Alva

18/10/2020

CEIJ** / 120 Km.

Alba Ruiz De Villa Alvarez

Bailany

Lic: 10187473 / Ldn: 106IR93



Nº participantes: 15 Clasificados: 7 (46%) No clasificados: 8 (53%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	20,000		
Departure	07:30:00	10:05:38	12:25:07	14:22:05		
Arrival Time	09:19:41	11:42:31	13:38:34	15:11:59		
Time	01:49:41	01:36:53	01:13:27	00:49:54		
Speed in Arri.	21,881	21,675	20,422	24,048		
Accumu. Time	01:49:41	03:26:34	04:40:01	05:29:55		
Accumu. Speed	21,881	21,784	21,427	21,823		
Arrival Vet-in.	09:25:38	11:45:07	13:42:05	15:29:53		
Vet-in Time	01:55:38	01:39:29	01:16:58	00:49:54		
Vet-in Speed	20,755	21,109	19,488	24,048		
Accumu. Time Vet	01:55:38	03:35:07	04:52:05	05:41:59		
Accumu Speed	20,755	20,918	20,542	21,053		
Recovery	00:05:57	00:02:36	00:03:31	00:17:54		
Accu. Recovery	00:05:57	00:08:33	00:12:04			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Red	Green	Blue		
Close:				18:04:17		
Rank:	10	6	5	5		