



RAID INTERNACIONAL QUINTA

DO CARMO

CEI2*70X70 / 140 Km.

Benvindo Carrajola

Nobre Das Tapadas

Lic: 10316901 / Ldn: 108CG96

16/03/2024



Nº participantes: 3 Clasificados: 3 (100%) No clasificados: 0 (0%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	20,000	20,000	30,000	20,000	20,000
Departure	09:30:00	12:17:54	14:25:27	09:30:20	12:21:44	14:32:06
Arrival Time	11:32:18	13:42:24	15:48:16	11:38:42	13:49:00	16:03:32
Time	02:02:18	01:24:30	01:22:49	02:08:22	01:27:16	01:31:26
Speed in Arri.	14,717	14,201	14,489	14,022	13,75	13,124
Accumu. Time	02:02:18	03:26:48	04:49:37	06:57:59	08:25:15	09:56:41
Accumu. Speed	14,717	14,506	14,501	14,354	14,25	14,077
Arrival Vet-in.	11:37:54	13:45:27	15:52:46	11:41:44	13:52:06	16:09:47
Vet-in Time	02:07:54	01:27:33	01:27:19	02:11:24	01:30:22	01:31:26
Vet-in Speed	14,073	13,706	13,743	13,698	13,279	13,124
Accumu. Time Vet	02:07:54	03:35:27	05:02:46	07:14:10	08:44:32	10:15:58
Accumu Speed	14,073	13,924	13,872	13,819	13,726	13,637
Recovery	00:05:36	00:03:03	00:04:30	00:03:02	00:03:06	00:06:15
Accu. Recovery	00:05:36	00:08:39	00:13:09	00:16:11	00:19:17	
Heart Rate	60	63	60	58	64	57
Into a hold	00:40:00	00:40:00		00:40:00	00:40:00	
Color:	Blue	Red	Red	Blue	Red	Red
Close:						16:40:00
Rank:	2	1	2	2	2	2



RAID INTERNACIONAL QUINTA DO CARMO (CEI2*70X70)		Date:	16/03/2024	Number:	14										
10316901 Benvindo Carrajola / 108CG96 Nobre Das Tapadas		Weight:	70 Kg.												
Parameters	Pulse 1	Pulse 2	Skin t.	Mucos	Capilar	Gut s.	Gut	Impuls	Regan	Signature					
Pre-ride inspection	36	1	A	A	A	A	A	A	A						
1	60	56	1	A	A	A	A	A	A						
2	46	46	1	A	A	A	A	A	A						
3	60	56	1	B	2	A	A	B	B						
4	58	60	1	B	1	B	B	B	B						
5	64	64	1	B	2	B	A	B	B						
Final inspection	62	52	1	1	1	1	1	1	1						
No Classification codes	WD	DSO	RET	FSR	FTO	GA	ME	MI	CI	OT	FTC	TR	SI-Mu	SE-Me	SI-Or
Num Gate															

