



1º CONCURSO NACIONAL DE ENDURANCE ANGOLA

CEP 40 / 40 Km.

24/05/2025

Eriedson Manso

Strong

Lic: ee / Ldn: 32E

Nº participantes: 33 Clasificados: 31 (93%) No clasificados: 2 (6%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	20,000	20,000				
Departure	09:10:00	12:31:00				
Arrival Time	11:42:00	14:05:00				
Time	02:32:00	01:34:00				
Speed in Arri.	7,894	12,765				
Accumu. Time	02:32:00	04:06:00				
Accumu. Speed	7,894	9,756				
Arrival Vet-in.	11:51:00	14:12:00				
Vet-in Time	02:41:00	01:34:00				
Vet-in Speed	7,453	12,765				
Accumu. Time Vet	02:41:00	04:15:00				
Accumu Speed	7,453	9,411				
Recovery	00:09:00	00:07:00				
Accu. Recovery	00:09:00					
Heart Rate						
Into a hold	01:00:00					
Color:	Red	Red				
Close:		16:40:00				
Rank:	9	1				