



# 1º CONCURSO NACIONAL DE ENDURANCE ANGOLA

CEP 40 / 40 Km.

24/05/2025

Abel Moma

Loiro

Lic: de3 / Ldn: 3E

Nº participantes: 33    Clasificados: 31 (93%)    No clasificados: 2 (6%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	20,000	20,000				
Departure	<b>09:10:00</b>	<b>13:00:00</b>				
Arrival Time	<b>11:42:00</b>	<b>14:55:00</b>				
Time	02:32:00	01:55:00				
Speed in Arri.	7,894	10,434				
Accumu. Time	02:32:00	04:27:00				
Accumu. Speed	7,894	8,988				
Arrival Vet-in.	<b>12:00:00</b>	<b>15:09:01</b>				
Vet-in Time	02:50:00	01:55:00				
Vet-in Speed	7,058	10,434				
Accumu. Time Vet	02:50:00	<b>04:45:00</b>				
Accumu Speed	7,058	<b>8,421</b>				
Recovery	00:18:00	<del>00:14:01</del>				
Accu. Recovery	00:18:00					
Heart Rate						
Into a hold	01:00:00					
Color:	Red	Red				
Close:		16:40:00				
Rank:	20	16				