



Raid Internacional Barroca D'Alva

17/10/2020

CEI*** / 160 Km.

Alex Luque Moral

Trevol

Lic: 10019584 / Ldn: 106NL63



Nº participantes: 20 Clasificados: 6 (30%) No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	06:30:00	09:03:46	11:22:13	13:17:33	15:51:54	
Arrival Time	08:22:51	10:41:03	12:36:23	15:00:41	16:54:04	
Time	01:52:51	01:37:17	01:14:10	01:43:08	01:02:10	
Speed in Arri.	21,267	21,586	20,224	20,361	24,128	
Accumu. Time	01:52:51	03:30:08	04:44:18	06:27:26	07:29:36	
Accumu. Speed	21,267	21,414	21,104	20,906	21,352	
Arrival Vet-in.	08:23:46	10:42:13	12:37:33	15:01:54	17:04:24	
Vet-in Time	01:53:46	01:38:27	01:15:20	01:44:21	01:02:10	
Vet-in Speed	21,095	21,33	19,911	20,124	24,128	
Accumu. Time Vet	01:53:46	03:32:13	04:47:33	06:31:54	07:34:04	
Accumu Speed	21,095	21,204	20,865	20,668	21,142	
Recovery	00:00:55	00:01:10	00:01:10	00:01:13	00:10:20	
Accu. Recovery	00:00:55	00:02:05	00:03:15	00:04:28		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	1	2	2	3	2	