



# Raid Internacional Barroca D'Alva

17/10/2020

CEI\*\*\* / 160 Km.

Angel Soy Coll

Sw Falcon

Lic: 10042930 / Ldn: 106BJ31



Nº participantes: 20    Clasificados: 6 (30%)    No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	<b>06:30:00</b>	<b>09:22:00</b>	<b>11:57:09</b>	<b>14:05:04</b>	<b>17:04:40</b>	
Arrival Time	<b>08:40:35</b>	<b>11:15:28</b>	<b>13:21:14</b>	<b>16:10:59</b>	<b>18:32:59</b>	
Time	02:10:35	01:53:28	01:24:05	02:05:55	01:28:19	
Speed in Arri.	18,379	18,507	17,839	16,677	16,984	
Accumu. Time	02:10:35	04:04:03	05:28:08	07:34:03	09:02:22	
Accumu. Speed	18,379	18,438	18,285	17,839	17,7	
Arrival Vet-in.	<b>08:42:00</b>	<b>11:17:09</b>	<b>13:25:04</b>	<b>16:14:40</b>	<b>18:38:54</b>	
Vet-in Time	02:12:00	01:55:09	01:27:55	02:09:36	01:28:19	
Vet-in Speed	18,181	18,237	17,061	16,203	16,984	
Accumu. Time Vet	02:12:00	04:07:09	05:35:04	07:44:40	<b>09:12:59</b>	
Accumu Speed	18,181	18,207	17,906	17,431	<b>17,36</b>	
Recovery	00:01:25	00:01:41	00:03:50	00:03:41	<b>00:05:55</b>	
Accu. Recovery	00:01:25	00:03:06	00:06:56	00:10:37		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	12	11	10	8	6	