



# VI SINES ENDURANCE CUP

CEI2\* CIM / 120 Km.

Abdullah Balshrf

Lisboa Das Tapadas

Lic: 10328750 / Ldn: 107OD55

20/12/2025



Nº participantes: 30    Clasificados: 19 (63%)    No clasificados: 11 (36%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000		
Departure	<b>08:30:00</b>	<b>11:22:17</b>	<b>13:36:22</b>	<b>16:36:32</b>		
Arrival Time	<b>10:28:02</b>	<b>12:47:02</b>	<b>15:43:08</b>	<b>18:45:20</b>		
Time	01:58:02	01:24:45	02:06:46	02:08:48		
Speed in Arri.	20,333	21,238	14,199	9,316		
Accumu. Time	01:58:02	03:22:47	05:29:33	07:38:21		
Accumu. Speed	20,333	20,711	18,206	15,708		
Arrival Vet-in.	<b>10:32:17</b>	<b>12:56:22</b>	<b>15:46:32</b>	<b>18:58:11</b>		
Vet-in Time	02:02:17	01:34:05	02:10:10	02:08:48		
Vet-in Speed	19,626	19,131	13,828	9,316		
Accumu. Time Vet	02:02:17	03:36:22	05:46:32	<b>07:55:20</b>		
Accumu Speed	19,626	19,411	17,314	<b>15,147</b>		
Recovery	00:04:15	00:09:20	00:03:24	<b>00:12:51</b>		
Accu. Recovery	00:04:15	00:13:35	00:16:59			
Heart Rate	<b>59</b>	<b>59</b>	<b>60</b>	<b>57</b>		
Into a hold	00:50:00	00:40:00	00:50:00			
Color:	Yellow	Green	Green	Orange		
Close:				19:24:17		
Rank:	9	9	16	19		