



# I Fundão Internacional Endurance Weekend

13/08/2022

CEI \* / 100 Km.

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Arabia

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Nº participantes: 11    Clasificados: 11 (100%)    No clasificados: 0 (0%)

|                  | Phase I         | Phase II | Phase III | Phase IV | Phase V | Phase VI |
|------------------|-----------------|----------|-----------|----------|---------|----------|
| kilometers       | 30,000          | 20,000   | 30,000    | 20,000   |         |          |
| Departure        | <b>06:30:00</b> |          |           |          |         |          |
| Arrival Time     |                 |          |           |          |         |          |
| Time             |                 |          |           |          |         |          |
| Speed in Arri.   |                 |          |           |          |         |          |
| Accumu. Time     |                 |          |           |          |         |          |
| Accumu. Speed    |                 |          |           |          |         |          |
| Arrival Vet-in.  |                 |          |           |          |         |          |
| Vet-in Time      |                 |          |           |          |         |          |
| Vet-in Speed     |                 |          |           |          |         |          |
| Accumu. Time Vet |                 |          |           |          |         |          |
| Accumu Speed     |                 |          |           |          |         |          |
| Recovery         |                 |          |           |          |         |          |
| Accu. Recovery   |                 |          |           |          |         |          |
| Heart Rate       |                 |          |           |          |         |          |
| Into a hold      | 00:40:00        | 00:40:00 | 00:40:00  |          |         |          |
| Color:           | Blue            | Yellow   | Blue      | Yellow   |         |          |
| Close:           |                 |          |           | 16:50:00 |         |          |
| Rank:            |                 |          |           |          |         |          |

| Loop | Color | Start    | Km. |
|------|-------|----------|-----|
| 1    | Blue  | 06:30:00 | 30  |