Raid Internacional Barroca D'alva

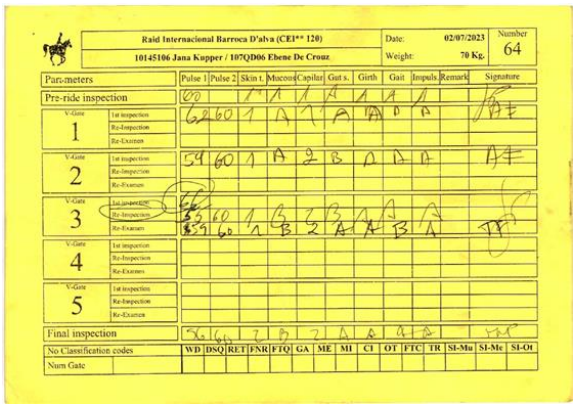
02/07/2023

CEI** 120 / 120 Km.

Jana Kupper

Ebene De Crouz

Lic: 10145106 / Ldn: 107QD06

Nº participantes: 31 **Clasificados: 18 (58%)** **No clasificados: 13 (41%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000		
Departure	**06:00:00**	**09:00:56**	**11:30:24**	**14:16:20**		
Arrival Time	**08:14:25**	**10:44:03**	**13:12:58**	**15:21:36**		
Time	02:14:25	01:43:07	01:42:34	01:05:16		
Speed in Arri.	17,854	17,455	17,549	18,386		
Accumu. Time	02:14:25	03:57:32	05:40:06	06:45:22		
Accumu. Speed	17,854	17,681	17,641	17,761		
Arrival Vet-in.	**08:20:56**	**10:50:24**	**13:26:20**	**15:34:52**		
Vet-in Time	02:20:56	01:49:28	01:55:56	01:05:16		
Vet-in Speed	17,029	16,443	15,526	18,386		
Accumu. Time Vet	02:20:56	04:10:24	06:06:20	**07:11:36**		
Accumu Speed	17,029	16,773	16,378	**16,682**		
Recovery	00:06:31	00:06:21	00:13:22	~~00:13:16~~		
Accu. Recovery	00:06:31	00:12:52	00:26:14			
Heart Rate	**62**	**54**	**55**	**56**		
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	Yellow	Red	Red	Green		
Close:				16:44:17		
Rank:	18	19	16	14