



Raid Internacional Barroca D'Alva

17/10/2020

CEI*** / 160 Km.

Ana Barbas

Gitana Vb

Lic: 10013970 / Ldn: 105IX70



Nº participantes: 20 Clasificados: 6 (30%) No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	06:30:00	09:22:15	11:57:34	14:05:10	17:04:33	
Arrival Time	08:40:30	11:15:27	13:21:13	16:10:58	18:32:58	
Time	02:10:30	01:53:12	01:23:39	02:05:48	01:28:25	
Speed in Arri.	18,39	18,551	17,931	16,693	16,965	
Accumu. Time	02:10:30	04:03:42	05:27:21	07:33:09	09:01:34	
Accumu. Speed	18,39	18,465	18,329	17,874	17,726	
Arrival Vet-in.	08:42:15	11:17:34	13:25:10	16:14:33	18:39:40	
Vet-in Time	02:12:15	01:55:19	01:27:36	02:09:23	01:28:25	
Vet-in Speed	18,147	18,21	17,123	16,23	16,965	
Accumu. Time Vet	02:12:15	04:07:34	05:35:10	07:44:33	09:12:58	
Accumu Speed	18,147	18,176	17,901	17,436	17,36	
Recovery	00:01:45	00:02:07	00:03:57	00:03:35	00:06:42	
Accu. Recovery	00:01:45	00:03:52	00:07:49	00:11:24		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	14	12	11	7	5	